

Eligibility Guidelines

Participants must be residents of St. Louis County and be income eligible.

Based on 200% 2009 Federal Poverty Guidelines

Family Size	Max. Monthly Income	Max Annual Income
1	\$ 1,805	\$ 21,660
2	2,428	29,140
3	3,052	36,620
4	3,675	44,100
5	4,298	51,580
6	4,922	59,060
7	5,545	66,540
8	6,168	74,020

For household sizes greater than 8 add \$7,480 to annual income for each additional household member. (Revised effective August 2009)

Required Documentation:

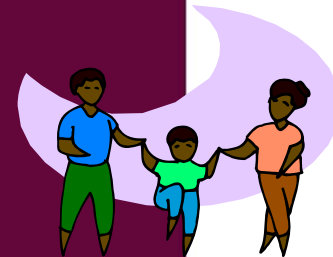
1. Picture ID for head of household
2. Social Security cards for ALL household members over the age of 1 year
3. Proof of income for the previous 12 months
4. Proof of residency (utility bill, driver's license, etc.)

Please visit our website (www.caastlc.org) to find out more about our agency. It contains information on our programs and services, eligibility and income guidelines, required documentation, outreach sites, directions, upcoming events, employment opportunities, and more!

If you do not have Internet access at home, stop by your local library. The internet is available to use with a valid library card or current form of identification. Library cards are easy to obtain and are free to those living and paying taxes in their library district.



FAMILY SUPPORT CASE MANAGEMENT SERVICES



2709 WOODSON RD
ST. LOUIS MO 63114

314.863.0015

WWW.CAASTLC.ORG

Families are responsible for the most important job in America: raising our next generation of learners, workers, citizens and leaders. What parents should do and how they should do it has been a topic of discussion for as long as there have been parents and children. In today's fast-paced society, the traditional support systems of family, friends and neighbors are often not available; while the challenges facing all families, in every community, are greater than ever.

Times are tough for families. Changes in family structure brought about by single parenthood, divorce, and an increasing number of mothers in the workforce have resulted in all families having less time and resources to devote to their children. Growing poverty among children - in two-worker households as well as in single-parent households - has left many families without the means to meet basic needs. The family support program at CAASTLC is designed to empower and strengthen adults in their roles as providers, parents and nurturers by identifying and helping to develop their strengths.



Family Development Case

Management is a home-based case management program. The case manager and the head of the household explore the primary areas of family functioning: housing, food, available income, education, employment, day care needs and resources, health care needs and resources, mental health, primary/family relationships, parenting, household management, and financial management. The case manager then assists the client in formulating educational, employment and personal goals aimed at moving the family to self-sufficiency.

Goals are defined through collaboration with the family using the Family Self-Sufficiency Scale. If CAASTLC is unable to meet certain needs, the family may be referred to other resources. Activity plans are developed to achieve the family's goals. Activities are reviewed at each meeting and progress is assessed. Evaluations are conducted quarterly using the scale to measure goal achievement. Adjustments are made to the family's activity plan throughout the process.

Advocacy is an important part of case management. Advocacy is the process of working with and/or on behalf of families to assure that they receive services or resources for which they qualify that would not otherwise be provided and that services are rendered in ways that safeguard their dignity and self-determination. In addition, worker advocacy promotes, educates and models self-advocacy that will empower the family and reduce helplessness.

Length of Program. Families interested in participating in this program should be ready to make a commitment of at least one year. The first few weeks of the program are intense, focusing on assessing the family's strengths and goals setting. Home visits are then scheduled about every two (2) weeks dependent on the families needs.

Those interested in taking part of this dynamic strengths program should call:

Family Development Case Management



(314) 863-0015 ext. 654