

CAASTLC

Community Action Agency of St. Louis County, Inc.

The mission of CAASTLC, Inc. is to end poverty.
We are committed to helping the families and communities of
St. Louis County prevent the conditions of poverty for present and future generations.

Main Office:

2709 Woodson Road
Overland, MO 63114
(314) 863-0015

Family & Economic Security

Family Case Management:

Case Management is a customer centered, goal-oriented process for assessing the needs of an individual/family and assisting them to achieve their goals. The Case Manager “bundles” services, including education and employment options to assist the customer towards achieving economic security.

Drug & Alcohol Education Classes:

A twelve-session substance abuse prevention program offered at CAASTLC, Inc. is facilitated by certified alcohol and drug counselors utilizing informative materials and group discussion.

Anger Management Education Classes:

An eight-session program that uses cognitive behavioral theories for learning. The program places an emphasis on hope by providing methods to identify and manage anger.

Employment Development Program:

Our Employment Program curriculum teaches job search techniques, retention skills, computer skills and resume building for the job seeker.

Life Skills Classes:

Classes are offered to help our customers reach their greatest potential through education and training. Classes are offered in the following areas: Health & Wellness, Financial Management, Parenting & Family Development, Home Management, and Energy Conservation.

Individual Development Account:

An Individual Development Account (IDA) is a matched savings account designed to help participants achieve their long-term financial goals – buying a home, home repairs, purchasing a car, starting a business or enrolling in a certified education program.

Parole to Payroll-Second Chance:

This program is designed to help ex-offenders find satisfying work by providing successful tips to navigate the job market, developing resumes that incorporate prison education and work programs, and tools to improve an interviewee’s performance. All participants will be assigned a case manager to assist with identifying all needs and goal setting. The Makin’ It Work curriculum is a core component.

Youth Services

Youth Case Management:

CAASTLC, Inc. offers Case Management services to assist a young person identify his/her interests, goals, and skills and abilities that will help them succeed in their education and career path.

HiSET (GED):

Partnering with various St. Louis County school districts, CAASTLC, Inc. provides Case Management and supportive services to students, ages 17-24, enrolled in HiSET programs.

Teen Action Program (TAP):

An employment internship where youth in high school lead the process to affect change within their own community. Teens meet during the school year and summer to learn leadership skills, assess current youth resources, identify needs and practice community organization.

Reality Enrichment and Life Lessons (REALL):

The Reality Enrichment and Life Lessons (REALL) project is a hands-on simulation designed to challenge youth to think critically about how choices and decisions made in adolescence may have consequences in adulthood. Middle and high schools and youth groups can request this impactful exercise geared to keeping youth in school.

Farm Youth Intern Program*:

A summer internship offers youth meaningful opportunities to grow produce on an urban farm, develop knowledge of sustainable agriculture practices, food system changes, and social justice.

*Denotes as funding permits.

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www.caastlc.org

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Housing & Energy

Weatherization Assistance Program:

The Weatherization Assistance Program is administered by the Missouri Department of Economic Development. Weatherization reduces air infiltration into the home to help households save money on their heating and cooling bills. The average family saves over \$437 a year after their home has been weatherized. Income eligible home owners and renters are eligible for this free service.

Housing Assistance:

CAASTLC, Inc. has a comprehensive housing assistance program which includes Down Payment Assistance*, Housing Counseling, Disaster Relief*, and Rent/Mortgage Assistance*.

Housing Repair Program*:

CAASTLC, Inc. works with a variety of grant sources to provide funds for specific home repairs for St. Louis County homeowners. Participants are educated through Healthy Homes to learn techniques to have a safe and healthy home. Homes are then referred to Weatherization for additional services.

Energy Services Programs:

CAASTLC, Inc. has several Energy Assistance Programs (LIHEAP*, Dollar Help*, Dollar More* & Heat Up*) designed to alleviate the immediate threat of utility service disconnection and assists with restoration.

H2O Help Program*:

In partnership with Missouri American Water, CAASTLC, Inc. provides supplemental funding to customers who are facing disconnection of their water services.

*Denotes as funding permits.

Community Outreach

Poverty Simulations:

Missouri's Community Action Poverty Simulation (CAPS) is a unique tool that helps people begin to understand what life is like with a shortage of money and an abundance of stress.

Job Fairs & Hiring Events:

Our Employment Program sponsors two annual job fairs and numerous Hiring Events in the St. Louis County region. A variety of employers participate and often provide on-site hiring opportunities.

Step Up to Leadership:

Step Up to Leadership is designed for income eligible, community-minded individuals desiring to develop leadership skills and turn their civic passions into action. Topics cover the value of grassroots participation, goal setting, public speaking, negotiation, conflict resolution and grant writing.

Health & Nutrition

Food Pantry:

CAASTLC, Inc. collaborates with the St. Louis Area Food Bank and others to provide USDA commodities and nutritious food items to individuals and families needing help.

Affordable Care Act Enrollment:

The Affordable Care Act program provides aid to individuals enrolling in healthcare plans through the Marketplace. CAASTLC, Inc. certified application counselors provide personalized technical assistance with the healthcare.gov online application process.

CAASTLC's Seeds of Hope Farm:

Through our farm site in Spanish Lake, our main goal is to nurture a healthy food culture. Members receive affordably priced boxes of freshly picked produce and can shop at our farm stand. Volunteers have the opportunity to earn produce. The farm hosts farm dinners and cooking classes that are free for the whole family.

Program Eligibility Annual Income Guidelines

Family Unit Size	Programs	LIHEAP	Weatherization
1	\$15,613	\$16,392	\$24,980
2	\$21,138	\$22,224	\$33,820
3	\$26,663	\$28,056	\$42,660
4	\$32,188	\$33,888	\$51,500
5	\$37,713	\$39,720	\$60,340
6	\$43,238	\$45,552	\$69,180
7	\$48,763	\$51,384	\$78,020
8	\$54,288	\$57,216	\$86,860

For additional family members, check the CAASTLC, Inc. web site at www.caastlc.org

Telephone Numbers of Commonly Requested Programs

Affordable Care Act: (314) 446-4444

Employment Services: (314) 446-4431

Energy Assistance: (314) 446-4420

Housing: (314) 863-0015; press 6, press 3

Water Assistance: (314) 863-0015; press 7, press 4

Weatherization: (314) 446-4436

Case Management: (314) 446-4443

For all other services, call the direct number to CAASTLC, Inc.